

Wellness Committee Meeting Minutes
October 10, 2024

In attendance:

Heather Pinkerton -CFO & Community Member
Somers Smith - R.N. School Nurse
Madison Teeter - Senior WFW Student Rep
Tommy Elder- Athletic Director, Vice Principal and representing P.E. Department
Aaron Bradford- Area Manager, Sodexo
Janet Charlton- FSM

Meeting was called to order at 10:30 to discuss the current Chehalis School District Wellness Policy.

Mr. Bradford explained the reason for having a wellness policy and what they should look like. The policy should include nutrition, physical education and mental health wellness. Aaron presented an example policy that was several pages long. Mr. Elder asked if it needed to be redundant to OSPI policies that were already in place. Discussion was held concerning the length and repetitiveness of the policy. Heather presented a shorter version from W.S.S.D.A., policy 6700, that was indeed shorter. The group decided to make several modifications to nutrition policy 6700 and add policies 6701 and 6702 which would cover the physical and mental health piece. The expectation/goal is to submit these policies to the Board for either November or December adoption.

The group will meet quarterly to begin work on the procedures that would accompany the wellness policy.

Meeting was adjourned at 11:45.