



## On May 19, 2022, The Chehalis School District hosted an event for 4th, 5th, and 6th-grade parents: Parenting a Pre-Teen 2022

The event was a success, and we think this information is valuable to everyone. Please click the video below to watch the event.

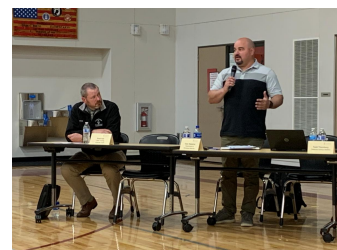


### Topics that are discussed:

- Vaping, tobacco, marijuana & alcohol
- Social media influences & risks
- Appropriate social interactions and understanding harassment, intimidation, and bullying

### Our Panel of Experts:

- Trisha Smith, *Chehalis School District*
- Gabe Stajduhar, *Department of Homeland Security*
- Shad Hail, *Lewis County Juvenile Court*
- Todd Thornburg, *Chehalis School District*



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## When children are dealing with some of the topics discussed *How Should Parents Respond?*

### What Helps?

- Open communication
- Define bullying
- Set the example
- Coaching social skills
- Actively support friendships
- Get help

### What Hurts?

- “Ignore it”
- “Hit back”
- Overreacting emotionally
- Victim blaming
- Problem-solving sessions

**Respond thoughtfully, not fast.**



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