

W.F. West High School NEWSLETTER

May 2024

Upcoming Events

- May 2-4 WFW Home & Garden Show
- May 2 Lip Sync Battle - 7:00 pm
- May 3 Lip Sync Battle Assembly - CCR
- May 4 Senior Prom
- May 7 EF Central Europe Trip Meeting
6:00 PM (Commons)
- May 9 10th grade College Tour @
Seattle Pacific University
- May 10 Class Meetings - CCR
- May 13 Top Ten Banquet - 6:00 pm
- May 14 All-District Choir Concert - 6:00 pm
- May 15 Tennis Banquet - 6:00 pm
- May 17 Clubs - CCR
- May 18 Music Mattress Sale
- May 20 Track Banquet - 6:00 pm
- May 21 Senior Tour to Centralia College
- May 23 Forensics Dinner - 5:00 pm
- May 24 NO SCHOOL**
- May 27 NO SCHOOL - MEMORIAL DAY**
- May 28 WFW Blood Drive
- May 28 CTE Achievement Night
- May 29-31 Senior Centralia College Advising
- May 29 Band Concert - 7:00 pm
- May 30 Juniors' College Prep Meeting - CCR
- May 30-31 Yearbook Distribution
- May 30 Senior Athletic Banquet - 6:00 pm
- May 31 Bearcats Got Talent/Academic
Grammys Assembly - CCR
- May 31 Tolo Dance

W.F. West
HOME &
GARDEN
SHOW
AT W.F. WEST HIGH SCHOOL BACK PARKING LOT

MAY 2nd & 3rd
3:00-6:00 pm

MAY 4th
9:00-3:00 pm



Bob Walters, Principal
Christine Voelker, Assistant Principal
Tommy Elder, Asst. Principal/Athletic Director



342 SW 16th Street, Chehalis, WA
(360) 807-7235 (Main Office)
(360) 748-3664 (FAX)
www.chehalisschools.org/wfw

W.F. West Top 10 / Top 25

*W.F. West is excited to announce the
Class of 2024 Top 10 and Top 25!
We are proud of these students'
accomplishments and congratulate
them on their awesome achievement!*



1. Justin Chung



1. Aspen Goble



1. Lia Hornby



1. Grace Oien



1. Laurel Toyndee



1. Brea Tracy



7. Ella Young



8. Courtney Pinkerton



*9. Hayden
Blanton-Lamping*



10. Tommy Caperon



Lena Fragner



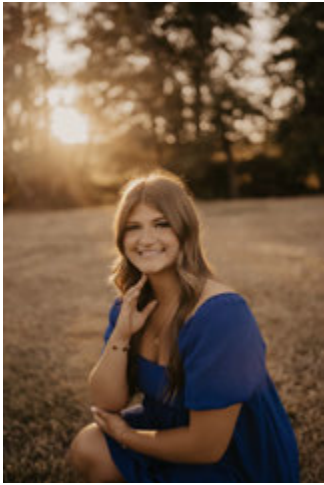
Maddysen Creech



Chloe Chloupek



Mya Jensen



Audrey Greene



Jenna Smith



Carly Ericson



Andrew Scheer



Natalie Eklund



Shelby Hazlett



Mailyn Arevalo



Zoe Robertson



Braden Jones

Class of

2024



Jake Remund



Freya Wearner



Counseling Center



If your student has failed any classes and needs to make up credits, make sure they are signed up for summer school by emailing Cheryl Evans at cevens@cheahlisschools.org. Summer school will be in the morning, Monday-Friday during the first 4 weeks of summer break.



Host a foreign exchange student!

If you are interested in hosting a foreign exchange student and would like more information, contact Jessica Boeck (360)807-7235 jboeck@chehalisschools.org. W.F. West's exchange student requirements can be found on our website at: <https://chehalisschools.org/wfw/wp-content/uploads/sites/15/2022/02/WFW-Exchange-Student-Requirements-1.pdf>

S A T --- A C T

Upcoming SAT Test Dates

Test Date	Registration Deadline
June 1, 2024**	May 16, 2024

**Digital Test

Website

<https://satsuite.collegeboard.org/sat/registration/dates-deadlines>

Upcoming ACT Test Dates

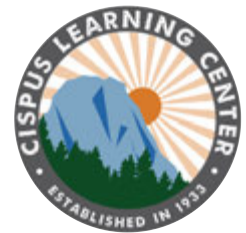
Test date	Registration deadline
June 8, 2024	May 3, 2024
July 13, 2024	June 7, 2024

Website

<https://www.act.org/content/act/en/products-and-services/the-act/registration.html>

Congratulations to these students who have been selected as 5th grade camp counselors @ Cispus, May 3rd - 5th

Allie Anderson
Madison Baine
Avery Brundage
Ellie Clinton



Jordan McMahon
Grady Oien
Kyan Porter
Zoe Schmitz





College & Career Readiness

SENIORS

PICTURES: As part of our Bearcat Pride, we are starting to take pictures with students' college pennants or plans for after graduation. We post the pictures in the hall by the Counseling Center to honor our seniors and we also keep it up for incoming freshmen to see. Mrs. Chaput has the college pennants, as well one for each branch of the military. We will make personalized ones for apprenticeships as well. We will start this process on May 10th at the Senior Meeting and then on an ongoing drop-in basis. We want to get everyone included, so please drop by to see Mrs. Chaput as soon as possible.

5/10 - Required Senior Meeting: A Senior Meeting will be held in the Commons during CCR Block (9:30-10:00). Students will need to bring their chromebooks. *** If you are unable to attend, please message Mrs Chaput and she will follow up with you individually.

CC Advising & Registration: If you are planning on attending Centralia College next year, meeting with an advisor to review classes and degree options is your next step. We are lucky to have a great partnership with Centralia College to make this transition as easy as possible. Students will be getting notifications to sign up for an advising time-slot.

CC ADVISING & REGISTRATION DATES

5/29, 5/30, 5/31, 9:00-3:00, WFW Conference Room

CC Senior Tour: A tour of Centralia College for our Seniors will take place on May 21st. Please be watching for additional information and permission slips. We want our students to be excited and comfortable with the college campus. We will tour the campus and review all the information they need to know to make their next steps a success.

SOPHOMORES

College Tour to Seattle Pacific University: We are excited to offer students the opportunity to take a college tour of Seattle Pacific University on **May 9th**. This tour is open to 10th grade students only. Seats are very limited and will be filled on a first come, first served basis. See Mrs.Chaput for a permission slip.

JUNIORS

*We will be having a meeting on **May 30th** to review the timeframe and what to expect in your senior year! It will move fast, so please mark your calendar to attend. This meeting will be on **Thursday, May 30th** during CCR Block in the Library. Please see Mrs. Chaput with any questions.*

JUNIORS & SOPHOMORES

Take a Summer Class for Free at Centralia College!

Once again, we are excited to offer current 10th & 11th grade WFW students the opportunity to take a class this summer at Centralia College. Tuition is generously provided by the Chehalis Foundation. Additional information is being sent out to families, but interested students can sign up with Mrs. Chaput. Please contact Mrs. Chaput at kchaput@chehalisschools.org with any questions.



Scholarships

SENIORS! Deadlines are approaching quickly....don't miss out!!

I-5 Auto Group Senior Scholarship - Seniors pursuing career path options that can be achieved without requiring a 2/4 year degree. Information sheet with approved programs you plan to enroll in and requirements can be found in counseling center or Ms. Chaput's office, or online at: <https://www.i-5toyota.com/scholarship.htm> Upload video and mail additional application documents. **Deadline May 1st.**

Print & Graphics Scholarship - To provide financial assistance for postsecondary education to students interested in graphic communication careers, including printing technologies, printing management, publishing or graphic communications and able to maintain 3.0 GPA. Apply online at: <https://www.pgsf.wp1.openfunction.website/scholarship-application> **Deadline is May 1st.**

Thermo Fisher Scientific Antibody Scholarship - Students enrolling in college/university. Must have at least 3.0 GPA and majoring in one of the following; chemistry, biology, biochemistry, or related life science field. Apply online: <https://www.thermofisher.com/us/en/home/life-science/antibodies/thermo-fisher-scientific-antibody-scholarship-program/antibody-scholarship-award-winners.html> **Deadline is May 1st.**

Major Gray Memorial Scholarship - For W.F. West fastpitch players (at least 2 yrs) who earned a varsity letter and have a minimum GPA of 2.75. Pick up and return the application to the counseling center and Ms. Chaput's office, by **May 1st.**

Shelley Fuller Scholarship – For female students who have earned a varsity letter with a 2.5 GPA. Pick up application in counseling center or Ms. Chaput's office, and return by **May 1st.**

RB Engineering Scholarship – For students that plan on entering the field of engineering. Must have at least 2.8 GPA. Pick up application in counseling center or Ms. Chaput's office, and return by **May 1st.**

Palmer Lumber Scholarship - Seniors planning on a vocational preparation program at Centralia College. Pick up application in counseling center or Ms. Chaput's office, and return to Counseling Center by **May 1st.**

Barb Grega Outstanding Citizen - Seniors going to 2/4 year college. Based on scholastic achievement, community service, leadership and volunteerism. Preference given to students who have not been full time running start. Copies of application in counseling center and Ms. Chaput's office and due back by **May 1st.**

Chehalis Rotary Scholarship – For students interested in going to college for a vocational career. Pick up and return applications to Counseling Center or Ms. Chaput, by **May 1st.**

Chehalis Music Boosters - Students who have demonstrated outstanding contribution and achievement to music programs at W.F. West. Applications available in and due back to counseling center by **May 1st.**

Walter K. Wachter/Evaline School Alumni Scholarship - Students who have ever attended school in the Evaline School District. Application in the counseling center and must be received via mail to posted address by **May 1st.**

Evaline Community Scholarship - For students who have at some point been enrolled in Evaline School District. Application in Counseling Center and must be mailed by **May 1st.**

Chehalis Track & Field Booster Scholarship - Must have participated 4 years **or** received 2 varsity letters in Track & Field and have at least a 2.5 GPA. Return applications to Counseling Center by **May 1st.**



Scholarships

Ingwersen STEM Scholarship - For seniors who have participated in STEM classes and clubs. Application available in counseling center and Ms. Chaput's office and due back to Counseling Center by **May 10th**.

ARTrails of Southwest Washington - For students planning on pursuing further education in the visual arts area. Application available online at: <https://form.jotform.com/240234970160045> **Deadline is May 10th**.

Maxwell Foundation Scholarship - For students living in Western WA, pursuing 4 yr. degree at private school. Apply online at: <https://www.maxwell.org/guidelines> **Deadline is May 10th**.

Bearcat Athletic Booster Club Scholarship - For students who have been varsity athletes at WFW with at least a 2.5 GPA. Parents must also be Booster Club members for the current year. Applications available in counseling center and must be returned to counseling center by **May 10th, 2023, by 2:30 p.m.**

Southern WA Mineralogical Society - For students planning a career in geology, earth science, environmental science, forestry, engineering, physics, or science education. Application in counseling center and Ms. Chaput's office and should be mailed to address listed by deadline of **May 31th**.

****SigEp - Balanced Man Scholarship** - Mission is "Building Balanced Leaders for the World's Communities," which is achieved through a commitment to Sound Mind and Sound Body. For guys who are attending certain colleges/universities, and interested in working towards the SigEp mission. Apply online at: <https://sigep.org/scholarships> **Deadline is June 1st**.

****BigSun Scholarship** - Student athletes are eligible regardless of the sport they are engaged in or the capacity in which they participate. The student must be a high school senior or be attending a post secondary institute. Application details online at www.bigsunathletics.com. **Deadline is June 19th**.

****Automotive Hall of Fame Scholarship** - Applicants must be interested in automotive careers and have a minimum 3.0 GPA. Apply online at: <https://www.automotivehalloffame.org/scholarships/> **Deadline is June 30th**.

South Puget Sound Community College Scholarships: For students planning to attend South Puget Sound. Apply online at: <https://spscc.edu/financial-services/scholarships> **Deadline is June 30th**.

****Robert S. Simmons Christian Studies Scholarship** - Students who will attend a Christian college and have participated in volunteer work. Apply online at: www.simmonsandfletcher.com/christian-studies-scholarship **Deadline is July 1st**.

Scholarship America - Listings for many scholarships administered by Scholarship America. Various requirements and deadlines. <https://scholarshipamerica.org/students/browse-scholarship/>

StudentScholarships.org - This website posts many scholarships with a variety of options for students. Check out their website at: <https://studentscholarships.org/>

Incredible Health Nursing Scholarships and Grants resource guide - This link contains numerous links to scholarships and nursing career resources. <https://www.incrediblehealth.com/blog/nursing-scholarships-and-grants/>

Scholarship Junkies.org - This website posts many scholarships with a variety of option and deadlines: <https://www.scholarshipjunkies.org/scholarship-search>

SCHOLARSHIPS ARE ADDED AS WE RECEIVE THEM. PLEASE CONTINUE TO CHECK ONLINE AND IN THE COUNSELING CENTER FOR ADDITIONAL SCHOLARSHIP OPPORTUNITIES THAT MAY BE POSTED THROUGHOUT THE MONTH

Bearcat Times

BREAKING NEWS

yearbook distribution is coming up!

May 30th

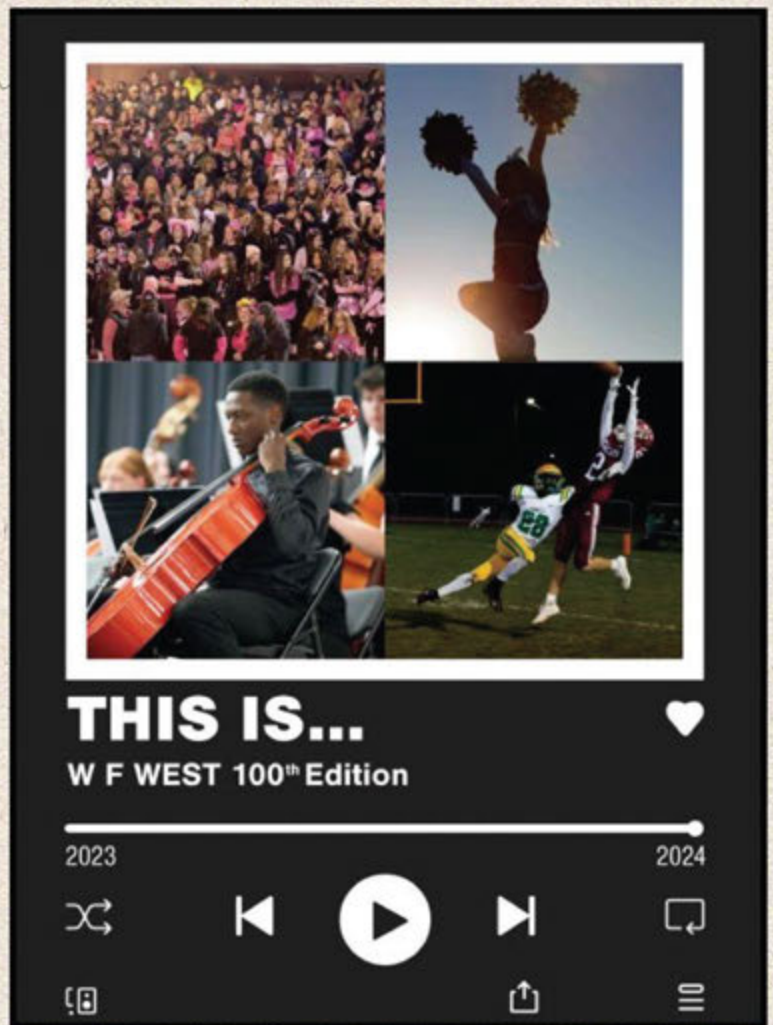
CCR SENIORS

ONLY

During 1st & 2nd
lunch in the
Commons

May 31st

During 1st & 2nd
lunch in the
Library



SPECIAL EDITION

Class of 2024 - Senior Week Activities

For questions about non-school sponsored activities that are being put on by 'The Class of 2024 Parent Group' please contact: Carrie Breen at cdkw04@gmail.com

Sunday, June 2	Sponsored by 'The Class of 2024 Parent Group' Baccalaureate 4:00 PM, at Bethel Church: Please wear appropriate clothes (no caps and gowns). A dessert reception will follow in the lobby.
Monday, June 3	Regular School Day
Tuesday, June 4	Regular School Day
Wednesday, June 5	PAW Day with Assembly Senior Awards Assembly: 11:20 AM (parents welcome) Don't miss it!!
Thursday, June 6	Commencement Practice: 8 AM at the stadium MANDATORY!!!! Senior Walk: Following practice: Bring CAP & GOWN and meet at the stadium. Seniors will have a group picture taken after the walk. Senior Celebration: 11 AM -1 PM Insert Coin (bring money for lunch and games) Senior Scholarship and Awards Evening: 6:30 PM in the gym, followed by Scholarship Reception. Participating seniors will receive an invitation.
Friday, June 7	Senior Breakfast: 7:40 AM Commons Commencement Practice: 8:00 -10:00 AM (or until done) at the stadium MANDATORY!!!!
Saturday, June 8	Commencement: 6 PM at the W.F. West High School Stadium - Gym opens at 4 PM, all seniors need to arrive by 5 PM. <i>Katia Hudson Photography will be taking diploma pictures at graduation. All graduates will have their photo taken coming across the stage receiving their diploma. If you would like Individual Cap & Gown photos, she will be taking pictures in the gym starting at 4 PM. Students can sign up for a time slot in the main office starting May 10th. Order forms will be available in the office & counseling center the week of graduation.</i>
After Graduation	Safe & Sober Night: Sponsored by 'The Class of 2024 Parent Group' 10 PM - 3 AM @ The PAC. The Class of 2024 Parent Group will be sending out more information!

Special things to remember:

- All students in the graduation ceremony will dress alike. The only ornamentation allowed will be class stoles, medals and honor cords officially issued by W.F. West High School, **Students may not wear or carry flowers!** If your student receives flowers, they will be left in the dressing area and it may be difficult to retrieve them in the after-graduation confusion. Balloons are not allowed in the stadium due to blocking the views of other guests. **No decorating of senior caps allowed!**
- All seniors are expected to behave in a courteous and proper fashion as usual. Proper dress is required (long pants for the boys). Please check with Mrs. Stiltner or Mr. Walters if you have any questions. All rules and regulations for attendance at this school apply through the graduation ceremony. Please make every effort to positively maintain your, and the school's reputation. Any drinking of alcoholic beverages or use of illegal drugs will result in suspension from all activities, school, and Commencement.
- There are no reserved seats for graduation. We will have a large section of chairs on the track for relatives that are handicapped, or incapable of sitting in the stadium bleachers.
- Graduation will be in Bearcat Stadium. At this time we are not limiting the number of guests per student. If we have extreme weather conditions we may need to move into the gym. The commons will be open for viewing of the graduation ceremony through the live streaming option.
- Stadium seating is available on a first come basis. We ask that you are seated at least 5 minutes before the start of the graduation ceremony. PLEASE NOTE that no one will be allowed entrance into the stadium while the students are processing to their seats. Graduation will start promptly at 6:00 PM.
- Reminder to all families attending graduation: this ceremony is a very special time for our seniors, their families and our community. We realize that this is a time for personal celebration, but we ask that your celebrating not take away from the enjoyment of this dignified and special occasion. We ask that you wait until after the ceremony to "celebrate". Noise-making instruments such as air horns are **not allowed**. Thank you for your cooperation in making this one of the best graduation ceremonies in Lewis County.
- Senior Skip Day does not exist, and should such an event occur, all involved will be treated as truant and Senior Week Activities will be eliminated for those students.
- Remember that since other students and teachers will be in class the days of June 10-14th, we would appreciate seniors not returning to campus during this time. If you need to come back for business purposes, please check in through the office.
- **All fees and fines must be paid in the ASB office. Diplomas will be available to pick up in the counseling center June 25th & 26th. The counseling center will be open from 7:30am - 3:00pm.**
 - **contact Mrs. Stiltner to make other arrangements.** kstiltner@chehalisschools.org / 360-807-7350

Participation in senior week activities, including graduation, is not a right but a privilege. Please treat it as such.

Join us in Berlin, Prague, Krakow and Budapest! Summer 2025!

Mark your calendars, spread the word, and get ready to embark on an educational and inspiring journey through Germany, Poland, Czech Republic, Austria and Hungary during the summer of 2025. Imagine exploring iconic historical landmarks that have shaped the course of modern history—walking along remnants of the Berlin Wall, reflecting at Auschwitz, and indulging in the rejuvenating Budapest baths. This upcoming trip promises to be an immersive experience into the heart of Europe's rich heritage and diverse cultures. Join Mr. Garbe as he leads students on this EF Trip during July 2025.

Mr. Garbe is holding an initial informational meeting on May 7th at 6:00 PM in the WF West Commons. Please be sure to register for this info session to be considered for this opportunity:

<https://bit.ly/3VRstM2>

In this info session, we'll talk about:

- How this opportunity will benefit your student
- What we'll see and do on our trip
- Everything that's included in this experience
- How your child can earn academic credit
- How we're keeping this safe and affordable
- How to enroll on this trip (before it fills up!) during EF's risk-free enrollment period

Please make sure to attend if you are interested as spots are limited and should fill up quickly.

HELP A SENIOR THIS YEAR!

Every year when we approach graduation orders, we have a number of students who cannot afford the cost of a cap and gown, which is required for them to participate in the graduation ceremony. Some sets are generously donated each year by Jostens. For the rest, we are appealing to our generous Chehalis community for help. The school does not have cap/gown sets to loan since we do not sell them.

The cost for cap, gown, tassel and stole for a graduate is approximately \$75 and we regularly have about 15 students in need per year. We screen the students who need help, but do not ask too many personal questions. We are trying to help but not embarrass them. Only the students we work with and Jostens know they have received help. If you can help, please send a check made out to W.F. West (memo line: **Grad Donation**).

Address to:

W.F. West
Attn: Kirstin Toynbee
342 SW 16th St.
Chehalis, WA 98532

ANY AMOUNT HELPS!

If we receive more than we need for this year, we will leave the money in the fund for next year. Thank you for your consideration of this request.



Andégo French Exchange 2024

When Mme Gegen was approached to be a host school for students from France, she jumped at the opportunity! This is the ideal way for WFW students to not only increase their proficiency, but use the language by interacting with a “real” French student! They will have opportunities to make connections to strengthen other academic areas, learn about and compare the culture of the French students with their own, and participate in a multilingual community outside the classroom by developing a relationship with the students of France. Mme Gegen is passionate about helping students not only learning French, but also using that knowledge to form those connections. The WFW families who have volunteered to host the French students from Auch in southwestern France have been invaluable in making this cultural exchange a reality by opening their hearts and homes. Mme Gegen is so grateful to them and to the students who have made the French students feel so welcomed.

During their stay, the students from France will attend all classes with their American “brother” or “sister”. They will experience firsthand what the education system is like in America, and will provide valuable insights for discussions. Mme Gegen is so excited to have them join her French classes because the students studying French can have interpersonal, meaningful, real time conversations and form connections with the students. Mme Gegen is also grateful for the administration’s support and permission to have this valuable exchange. She looks forward to future exchanges that provide more opportunities to students in France and America.

Below are the host students and their French student:

Avery Brundage
Aurore Martinez Herbin

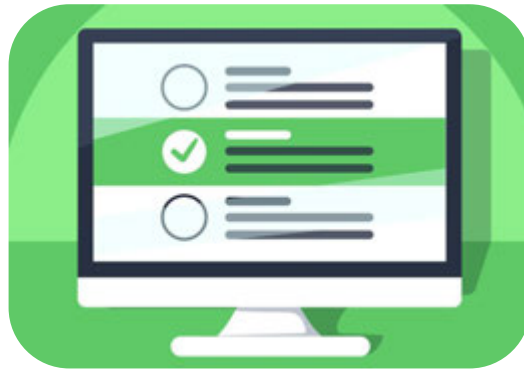
Jacobsen Bunker
Jules Ferreiro

Bryce Kuykendall
Arthur Niquille

Vivy Witchey
Emma Roule

Will Cummings
Jules Cournet





Spring Testing in progress!!

Please check which days your student may be testing and help them come to school on time, rested, fed and prepared with a chromebook and charger!

Spare chromebooks are limited! Students who do not bring their charged, school-issued chromebook, may have to reschedule their test for another day.

Spring Testing Schedule

CAT – Computer Adapted Test PT – Performance Task
WCAS – Washington Comprehensive Assessment of Science

Monday	Tuesday	Wednesday	Thursday	Friday
4/29 No Testing	4/30 GR 12 ELA Retakes	5/1 GR 11 ELA Retakes	5/2 GR 11, 12 ELA Retakes	5/3 GR 11, 12 ELA Retakes Running Start (by appt.)
5/6 No Testing	5/7 GR 11 WCAS	5/8 GR 11 WCAS	5/9 AP Psychology 12PM	5/10 AP US History 8 AM
5/13 GR 10 ELA CAT	5/14 GR 10 ELA CAT	5/15 AP World History 8AM	5/16 GR 10 ELA PT	5/17 GR 10 ELA PT Running Start (by appt.)
5/20 GR 10 Math CAT Inter. Math CAT	5/21 GR 10 Math CAT Inter. Math CAT	5/22 GR 10 Math PT Inter. Math PT	5/23 GR 10 Math PT Inter. Math PT	5/24 Math Make-Up

* Students who need to Retake an exam will be notified.

Important Note About State Graduation Requirements

The State of Washington has created many pathways for graduation. However, those pathways are not accessible unless students have attempted to pass (taken) the English and Math Smarter Balanced tests at least once. If they haven't taken the tests, it is imperative that you attempt the tests this Spring.

If you have questions about which track your student is on, contact your school counselor.

**All these graduation options only apply
if students have attempted the Smarter Balanced test.**

ASVAB	Score of 31 or higher
Career Pathway	Sequence of 2.0 credits in courses under the same CTE content area; denoted by codes in the course description guide Ag - Agriculture BM - Business and Marketing FCS - Family and Consumer Sciences HS - Health Sciences STEM - Science, Technology, Engineering, and Math STS - Skilled and Technical Sciences
College Admissions Exam	ACT: math 16 ACT w/ writing: ELA 14, math 16 SAT: ELA 410, math 430
Dual Credit (College in the High School)	Earn a C+ or higher in the course
Dual Credit Exam (AP test)	Score of 3 or higher
Smarter Balanced Assessment	ELA 2548 Math 2595

Title I Notification

Parents can request the following information regarding instructional staff who work with their children:

- Whether or not the child's teacher has met state certification for the grades and subjects she/he is teaching.
- Whether or not the teacher is working with an emergency or conditional certificate where state certification criteria has been waived.
- The baccalaureate degree major of the teacher and any other graduate certification or degree held, including field of discipline of the certificate or degree.
- If the child receives instructional services from a paraeducator, the paraeducator's qualifications.

Chehalis School District Annual School's Report

Chehalis School District and the State of Washington believe that important information about local public schools should be provided to educators, parents, community members and the general public. The combined support of these various stakeholders ensures the success of all students. Information regarding current and past test scores, demographics, teacher qualifications, graduation and dropout rates for secondary students, and the status of school improvement can be obtained from the following website:

<http://reportcards.ospi.k12.wa.us/>

Search for Chehalis School District and click on the school of choice.

Printed copies of the annual school's report or newsletter may be obtained from the Chehalis School District Office at 310 SW 16th Street, Chehalis, WA 98532 (360) 807-7200. You may also log on to the district website at <http://www.chehalisschools.org> and click on the appropriate link to view each document.

APRIL 2024

DECA UPDATES

What are we up to?

Questions, Comments, & Suggestions!

Do you have any ideas for our monthly specials? New products? Well look no further! You can suggest, ask, or give us a comment via this QR code!
Thanks
Bearcats!



THE ROAD TO ICDC...

Sophomore Hailey Sturdevant and senior Sophia Ruelas are going to the International Career Development Conference! At this conference, they will present their presentation about their 40-page essay on The Crimson and Gray Coffee Shop for a chance to win the DECA Glass! You go girls!

OUR TEAM FOR NEXT YEAR

Introducing your WF West DECA 2024-2025 Officers!

Your President, Hailey Sturdevant, VP of Marketing, Bella House, VP of Career Development, Samya Moody, and your VP of Leadership, Makenzie Bishop.

We hope to make next year the best DECA has ever been. If you're in DECA next year, feel free to run for office! We want you here!





Bearcat Athletics

May Sports Schedule

FASTPITCH

JV & Varsity

5/3 ROCHESTER 4:30
 5/6 SHELTON 6:00
 5/8 @ Aberdeen 4:30

BASEBALL

JV & Varsity

5/1 RIDGEFIELD 4:30 (JV only)

C-Team

5/3 @ Montesano 4:00

GIRLS GOLF

5/1 SHELTON 3:30

GIRLS TENNIS

5/1 @ Centralia 3:30

BOYS SOCCER

5/4 Round 1 District Playoff
 HOME (time/opponent-TBA)

BOYS & GIRLS TRACK

5/3 Shaner Invite @ Tumwater 3:00
 5/8 2A EVCO Sub-District Meet 4:00
 @ Centralia



Upcoming Events

Soccer District Playoffs begin May 4th

Baseball District Playoffs begin May 7th

Track Sub-District Meet - May 8th

Girls Tennis Sub-District - May 6th
 Districts - May 14th & 16th

Fastpitch District Playoffs - May 16-17
 State Tournament - May 24-25

Girls Golf Districts - May 13th & 14th
 Girls & Boys Golf State - May 21st & 22nd

May 30
6:00 pm
Senior Athletic
Banquet

GO BEARCATS!



Relay For Life of Lewis County

relayforlife.org/lewiscountywa

Saturday, May 18th, 2024

10 AM to 10 PM

Lewis County Fairgrounds

We have all been impacted by cancer one way or another. We know that one out of every three or four of us will get cancer within our lifetime. Some are fighting, some have won and some succumbed to this vicious disease. I am a survivor. The impact is great and it's messy and it is painful regardless of what stage you are at.

Please come join us in our walk against cancer at The Relay for Life on May 18th. We are walking for a cure. We are walking for HOPE. "Hope is living with courage and confidence, not fear".

Please contact Cheryl Evans at cevans@chehalisschools.org to sign up to walk or donate an item for the silent auction, (I do have a tax ID# if needed). Everything helps. Help us find a cure!



May 18th
10 am - 4 pm
W.F. West
Commons

W.F. WEST HIGH SCHOOL
MUSIC
MATTRESS
FUNDRAISER



Join us for our 3rd annual W.F. West High School Music Mattress Fundraiser Sale! We will have name brand beds including Simmons Beautyrest on display and priced up to 50% below retail. All sizes! We also have adjustable bases! Layaway, Financing & delivery available!

Profits go directly to the Music Program!



HOPE begins with you.

Blood Drive

W.F. West High School

Wrestling Room
342 SW 16th, Chehalis, WA

Tuesday, May 28, 2024
10:30 a.m. to 3:30 p.m.

Students:

Register and pick up your parental consent form in the counseling center.

*Parental Consent Required for Students Aged 16 & 17

Community Members:

Register at: <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=WFWESTHS>

Students who give blood will earn community service hours.

RedCrossBlood.org | 1-800-RED CROSS | 1-800-733-2767 | Download the Blood Donor App

From the Nurse's Desk...



Updated COVID infection guidelines released early April:

You can go back to your normal activities when, for at least 24 hours, both are true:

- *Your symptoms are getting better overall, **AND** you have not had a fever (and are not using fever-reducing medication).*
- *Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.*
- *If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication). Then take added precaution for the next 5 days.*

Remember to pick up your students medications at the end of the school year June 14th!



Or let the nurse know if we need to arrange to send them home with the student on the last day of school

If your student is returning for the 24-25 school year:

- *Turn in updated health history forms*
- *Check with your pediatrician/physician to ensure your vaccinations are up to date, due to a change in guidance many students may need a Tetanus booster*
- *Notify the nurse or office if your student will need medications at school*

Want to receive the latest "Friday Connect" emails and other School District News? Join our email group!
Sign up by emailing:
communications@chehalisschools.org

Chehalis School District Community Newsletter
"The Learning Network," can be accessed online through the district's website at <http://www.chehalisschools.org>

Summer 2024 Scrubs & 'Scopes Camp

Learn About Allied Health Career Opportunities



Seattle Children's is committed to recruiting the best healthcare professionals, cultivating an inclusive and diverse workforce and inspiring high school students to pursue a career in an allied health profession.

Local high school students have the opportunity to participate in the **free** Scrubs & 'Scopes Camp at Seattle Children's. During this five-day camp, students will explore various allied health careers by job shadowing medical assistants, pharmacists, laboratory scientists, pharmacy technicians and radiology technologists in a clinical environment, observing as they provide patient care.

Students will also work through interactive, hands-on simulation labs to learn and practice various skills on

such as taking blood pressure and blood oxygen levels; simulating medication compounding for oral and IV medications; using microscopes; and taking X-rays, among other experiences.

- **Dates:** Monday, August 12 – Friday, August 16, 2024
- **Times:** 10 a.m. to 2 p.m.
- **Location:** [Seattle Children's Hospital Campus](#), 4800 Sand Point Way NE, Seattle, WA 98105
- **Provisions:** Lunch is provided to campers each day of camp.
- **Housing and Transportation:** The program does not provide or arrange housing or transportation for students.
- Students must be entering their junior or senior year of high school in fall 2024 and be at least 16 years old by the start of camp (August 12).
- Application and Acceptance Notification

Applications for Summer 2024 Scrubs & 'Scopes Camp open on **Tuesday, February 27, at 9 a.m.**

For more information visit:

<https://www.seattlechildrens.org/health-safety/keeping-kids-healthy/development/scrubs-scopes-camp/>

W.F. West High School
342 SW 16th St.
Chehalis, WA 98532



Habla español? El distrito escolar de Chehalis ofrece servicios de traducción al español a nuestros padres y familias. Por favor comuníquese con Emma Reynolds al 360-807-7225, o al correo electrónico a ereynolds@chehalisschools.org

Non-Discrimination/Equal Opportunity Statement

Chehalis School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

Chehalis School District offers classes in many career and technical education (CTE) program areas, including Agriculture, Business and Marketing, Family and Consumer Sciences, Skilled and Technical Sciences, Health Sciences and STEM. Lack of English language proficiency will not be a barrier to admission and participation in career and technical education programs.

The following employees have been designated to handle questions and complaints of alleged discrimination:

El Distrito Escolar de Chehalis no discrimina en ningún programa o actividad por sexo, raza, credo, religión, color, origen nacional, edad, estado veterano o militar, orientación sexual, expresión o identidad de género, discapacidad o el uso de un Guía de perros entrenados o un animal de servicio y proporciona igual acceso a los Boy Scouts y otros grupos juveniles designados.

El Distrito Escolar de Chehalis ofrece clases en varias áreas con programas de educación vocacional y técnica (CTE), incluyendo Agricultura, Negocios y Mercadotecnia, Ciencias de la Familia y del Consumidor, Ciencias Técnicas y Calificadas, Ciencias de la Salud y STEM. La falta de dominio del idioma inglés no será una barrera para la admisión y participación en programas de educación profesional y técnica.

Los siguientes empleados han sido designados para manejar las preguntas y quejas de supuestas discriminaciones:

Title IX Coordinator

Athletic Director, Tommy Elder, 310 SW 16th Street Chehalis, WA 98532 360-807-7235 telder@chehalisschools.org

Section 504/ADA Coordinator

Director of Special Education, Katie Howell, 2025 SW Salsbury Ave Chehalis, WA 98532 (360) 807-7245 option 3 (360) 748-8767 Fax khowell@chehalisschools.org

Civil Rights Compliance Coordinator

Debby Gregory, 310 SW 16th Street Chehalis, WA 98532 360-807-7200 dgregory@chehalisschools.org

Career and Technical Education Coordinator

Mark Westley, 310 SW 16th Street Chehalis, WA 98532 360-807-7235 mwestley@chehalisschools.org