

## Welcome to WF West High School 2023-2024 Winter Sports

Sports offered at WF West Winter Season:
Boys Wrestling, Girls Wrestling, Boys Basketball, Girls Basketball, Girls Bowling, Winter Cheer
Athletic Fees Required (due by 1st practice):
ASB Card – \$40 (yearly fee)
Athletic Participation Fee - \$40 per sport
Clearance Process:
To access online clearance forms, go to <a href="www.rankonesport.com">www.rankonesport.com</a> , hover over "For Parents" then click on "Fill Out Electronic Forms select "WA state", click on "Chehalis Schools", then click on "No Thanks", then click on "Electronic Participation Forms". Enter you student's first name, last name, Student ID, and School Attending. Then you can fill out the Activity Code, Eligibility Packet, Safet Guidelines and Warning Agreement, Concussion Information Sheet and Sudden Cardiac Arrest Awareness Info. Sheet.
Online Forms Required:
Activity Code
Eligibility Packet
Safety Guidelines and Warning Agreement
Concussion Information Sheet
Sudden Cardiac Arrest Awareness Information Sheet
Forms to be printed, completed by a medical doctor, and submitted to the Athletic Office –
Physical Form (Physicals are good for 13 months.)
1st Practice Date:
November 13, 2023
Sports Schedules:

If you have any questions, feel free to call Mr. Elder or Mrs. Weeks in the Athletic Office at 807-7240.

Visit gowfwestbearcats.com to see schedules for all sports.

# Winter Sport 2023-2024 Start Dates

### You must be cleared before the 1st practice or you won't be able to practice!

Stay up to date with WF West sport schedules, scores and more on the Athletics website <a href="https://www.gowfwestbearcats.com">www.gowfwestbearcats.com</a> and Twitter. Weather conditions can affect scheduled games and matches of some sports. If an event is postponed, cancelled, or rescheduled, notification will be posted on these sites.

#### Boys Basketball - Monday, November 13

Location - WF West Gym

Time -5:00 pm to 7:30 pm

Head Coach - Chris White - cwhite@chehalisschools.org

#### Girls Basketball - Monday, November 13

Location - WF West Gym

Time - 2:30 pm to 5:30 pm

Head Coach - Kyle Karnofski - kkarnofski@chehalisschools.org

#### Boys Wrestling – Monday, November 13

Location - WF West Wrestling Room

Time - 2:30 pm

Head Coach - Jamie Rakevich - jrakevich@chehalisschools.org

#### Girls Wrestling - Monday, November 13

Location - WF West Upper Gym, kitchen side

Time - 3:00 pm

Head Coach – Matt Patana – mattpatana5@gmail.com

#### Girls Bowling – Monday, October 30

Meets at Fairway Lanes

Time - 3:00 pm

Head Coach - Donny Bunker - dbunker@chehalisschools.org