

**Welcome to WF West High School 2022-2023 Winter Sports**

Sports offered at WF West Winter Season:

Boys Wrestling, Boys Basketball, Girls Basketball, Girls Wrestling, Girls Bowling, Winter Cheer

Athletic Fees Required (due by 1st practice):

ASB Card – $35 (yearly fee)

Athletic Participation Fee - $35 per sport

Clearance Process:

To access online clearance forms, go to [www.rankonesport.com](http://www.rankonesport.com), hover over “For Parents” then click on “Fill Out Electronic Forms”, select “WA state”, click on “Chehalis Schools”, then click on “No Thanks”, then click on “Electronic Participation Forms”. Enter your student’s first name, last name, Student ID, and School Attending. Then you can fill out the Activity Code, Eligibility Packet, Safety Guidelines and Warning Agreement, Concussion Information Sheet and Sudden Cardiac Arrest Awareness Info. Sheet.

Online Forms Required:

Activity Code

Eligibility Packet

Safety Guidelines and Warning Agreement

Concussion Information Sheet

Sudden Cardiac Arrest Awareness Information Sheet

Forms to be printed, completed by a medical doctor, and submitted to the Athletic Office –

Physical Form (Physicals are good for 13 months.)

1st Practice Date:

November 14, 2022

Sports Schedules:

Visit gowfwestbearcats.com to see schedules for all sports.

**If you have any questions, feel free to call Mr. Johnson or Mrs. Weeks in the Athletic Office at 807-7240.**

**Winter Sport 2022-2023 Start Dates**

**You must be cleared before the 1st practice or you won’t be able to practice!**

Stay up to date with WF West sport schedules, scores and more on the Athletics website [www.gowfwestbearcats.com](http://www.gowfwestbearcats.com) and Twitter. Weather conditions can affect scheduled games and matches of some sports. If an event is postponed, cancelled, or rescheduled, notification will be posted on these sites.

**Boys Basketball – Monday, November 14**

Location – WF West Gym

Time - TBA

Head Coach – Chris White – [cwhite@chehalisschools.org](mailto:cwhite@chehalisschools.org)

**Girls Basketball – Monday, November 14**

Location – WF West Gym

Time – TBA

Head Coach – Kyle Karnofski – [kkarnofski@chehalisschools.org](mailto:kkarnofski@chehalisschools.org)

**Boys Wrestling – Monday, November 14**

Location – WF West Wrestling Room

Time - TBA

Head Coach – Jamie Rakevich – jrakevich@chehalisschools.org

**Girls Wrestling – Monday, November 14**

Location – WF West Upper Gym

Time - TBA

Head Coach – Matt Patana – mattpatana5@gmail.com

**Girls Bowling – Monday, October 31**

Meets at Fairway Lanes

Time – TBA

Head Coach – Donny Bunker – dbunker@chehalisschools.org